

MORE IMPORTANT STUFF FROM EMILY 😊

TEAMS

No team fee or declaration is required. Male and female teams of three. To be decided on aggregate times of the first three runners from the same club.

AWARDS

There will be no certificates this year.

CHANGES

Please inform the Race organiser of any changes to your entry details, especially you club, by midday on Thursday 23rd. After this time it cannot be guaranteed that changes can be made. Thank you.

RUNNING UNDER SOMEONE ELSE'S NAME/NUMBER:

If you can no longer run you must let me know so I can cancel your entry and give your place to the runner next on the waiting list.

Running under the name and number of someone else is not acceptable, EVER.

A minor incident on the hill could become a major emergency. Your race number is linked to a name, medical and emergency contact information. You don't need me to spell out the consequences of the emergency services thinking you are someone else.

IF ANYONE IS FOUND TO BE DOING THIS YOU WILL JEOPARDISE YOUR CHANCES OF EVER RUNNING THE FELL RACE AGAIN

Thank you!

Em

Happy Running

Emily